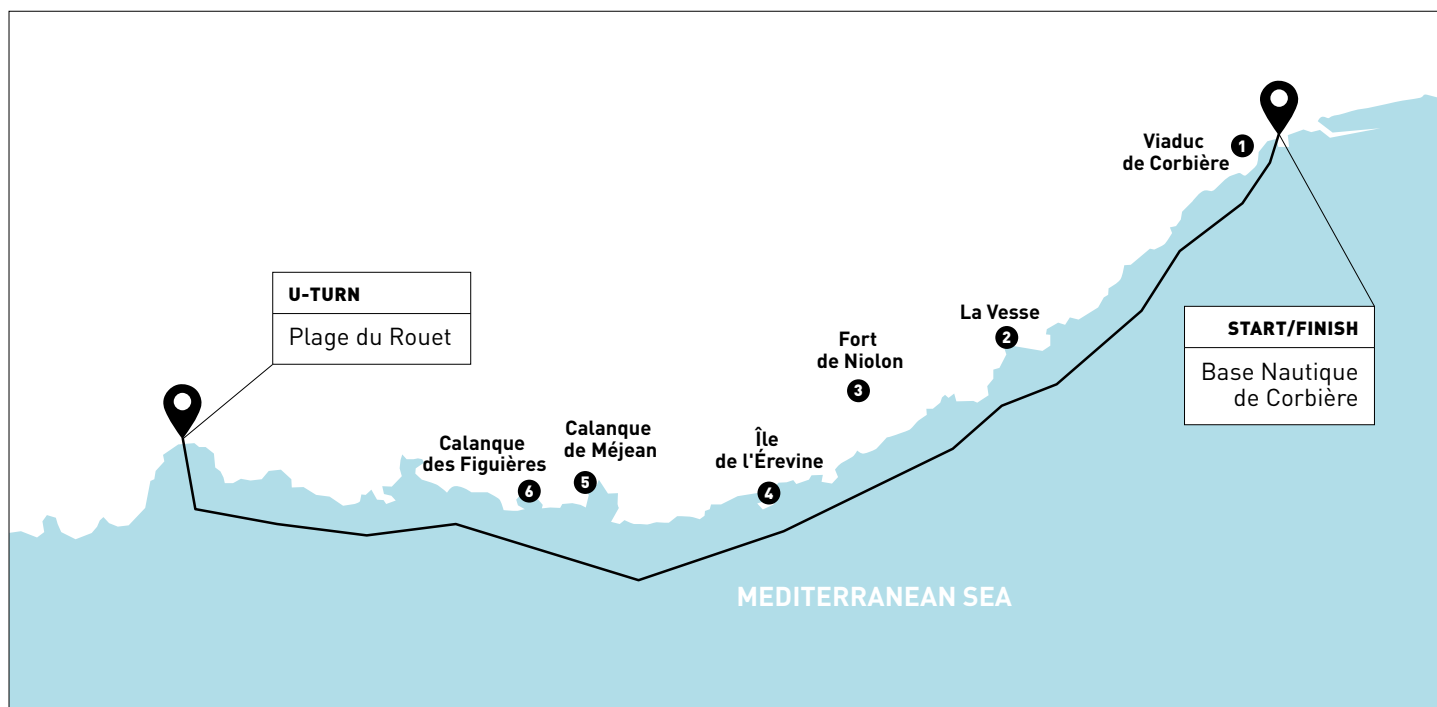



3 MARCH - 19 MAY

1 DAY / 26 KM


ROWING LEVEL 

“RANDO’CARRY LE ROUET”



 **Quadruple coastal rowing boat**

€ **Rowers : 50 € without accommodation**
Companions : identical fees
30 seats available, 30 €

 **AVISOURIRE**

Lilian Patinaud / 06 37 40 27 99
lilian.lavisourire13@gmail.com

PARA-ROWING

Dominique Guende / 06 17 50 29 83
lavisourire13@gmail.com

A tour on a part of the blue coast with a spectacular view over Marseilles and its «Bonne Mère», view over the Frioul and breathtaking creeks. History lovers will be able to see bunkers all along the journey. We will row through several places that you will not regret having seen!

PROVISIONAL PLANNING

Arrival at 7.30 am, breakfast and preparation of the equipment.
8.30 AM departure on the water, landing in the creek at about 12 am and lunch.

1.30 PM return to the nautical base, arrival scheduled at about 4.30 pm, storing of the equipment and end of the day at about 5 pm.